

# SEVEN TIPS TO AVOID A *Summer Spiritual Drought*

## FIRST THOUGHT

Before your feet hit the floor or your hands grab the device practice making God your first thought. Focus your mind upon Him and His goodness. This simple act is transformational. Think of it as your first sip of *water* for the day ahead.

## CAR PRAYERS

Summer might leave you with more time in the car and less scheduled prayer time so why not combine the two together and pray while you're driving? Prayer is another powerful way to drink the *living water* of Christ.

## PHOTO COPY BIBLE PAGES

Packing bags and boarding airplanes isn't always ideal for lugging a heavy Bible around. Instead of deciding not to bring it, photocopy a few chapters and take them with you! I know you might have a Bible app but there's something special about print. If you're not currently studying a book of the Bible, the Psalms or Proverbs are perfect for vacay refreshment!

## OBSERVE GOD OUTDOORS

Summer is filled with outdoor activities and vacations to new places. See this as an opportunity to recognize the miracle of God's creation. Take in and drink His marvelous creativity found in an elegant flower, a bird flying overhead or the glow of the stars on a warm night. Let the glory of all He has made flood your heart.

## CONSIDER THE WEEDS

Summer is peak time for weed growth. When weeding, think of it as a spiritual opportunity. When pulling these unwanted plants, observe the size, the texture, the placement and the root, and consider the weeds in light of sin. How does sin grow in the garden of your heart? Talk with Jesus about your sin, confess and drink in His forgiveness.

## FELLOWSHIP TREAT

Stay connected with Bible study friends on hot days and warm nights by delighting in cold treats together. Ice cream, smoothies, iced coffee or ice tea with God-centered conversation make for a perfect summer fellowship treat.

## SUMMER IN THE PSALMS

Grab your FREE copy of ***Summer in the Psalms- 30 Bible Verses + 30 Journal Prompts*** to keep your soul filled with living water all summer long. Available at [jgutigierrezauthor.com](http://jgutigierrezauthor.com). Download and print your copy today!